

The logo for Juniper Network News features the word "Juniper" in a large, dark blue serif font. The letter "i" is stylized as a blue human figure with arms and legs. Below "Juniper", the words "Network News" are written in a smaller, orange sans-serif font. The background is light blue with a pattern of white dots of varying sizes.

Juniper

Network News

Dear Providers,

As many of you already know, our friend and colleague Stacy Dunn accepted a new position at Trellis. Beginning November 20th, she is a grant manager with our Older Americans Act programs. We are not immediately hiring for Stacy's position. For now, please reach out to me for all things related to the network, classes, contracts, reimbursement, and the MIS. We wish Stacy well and know that the grant management team is lucky to have her!

Need to schedule time to chat? I am always glad to meet with you to talk through questions or strategize. You can see my calendar and book time here, <https://calendly.com/rachelbremness/30min>.

With appreciation,

Rachel

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In This Issue

- Community Care Hub Expansion Update
- Data Insights: Health Plan Billing 2024
- Legal Forms for 2025
- 2025 Leader Training Demand and Plans
- Trellis is Moving

- NCOA Promoting and Expanding evidence-based programs in Rural Communities Toolkit

Community Care Hub Expansion Update

We continue to work to position the network for service expansion. Service expansion will allow us to “bundle” services for payer partners making us a more attractive vendor. It also creates sustainable revenue opportunities for other types of services that older adults rely on to age well and in community.

We have been looking for a partner to pilot community care hub expanded services with us. Services like evidence-based health promotion programs, home delivered meals, indoor & outdoor chores, home modifications, etc. Mayo has stepped forward to be a pilot partner! We are currently in the planning phase working to define service population and area. We will share more when we know more.

We are also preparing for another legislative ask in the spring 2025 session. Last spring our bill for community care hub expansion planning was passed. This spring, we will ask for a more substantial amount of funding to support our current evidence-based health promotion services and service expansion. We will also budget for technology and analytics to evaluate the ROI of the model. More information on how to support this effort will come in early 2025. Please reach out with questions.

Data insights: Health Plan Billing 2024

To date we have submitted claims for 294 UCare, BCBS and HealthPartners MSHO participants. This has resulted in over **\$50,000** in additional program revenue to Juniper providers.

Juniper grant funding for 2024 totaled \$100,000. By billing health plans, we increased revenue for classes by 50%!

Legal Forms for 2025

There will be no changes to the language or cadence of the notice of privacy practices, insurance authorization and release of information, and release and waiver of liability agreement for 2025. Please continue to use the current copyright 2024 legal forms. Please view [this cheat sheet](#) for the cadence of legal forms.

Participants need to sign the insurance authorization and release of information form and the waiver of liability agreement every 12 months. As we near 2025, keep in mind that participants will begin needing to re-sign these forms if they take multiple classes with you. You don't have to wait for forms to expire to have participants re-sign, you can do it proactively. Please reach out with questions.

2025 Leader Training Demand and Plans

Thank you for sharing your leader training needs in your 2025 applications. Here is a summary of what was shared and our 2025 training plans.

Program	# of Leaders	Training plan
A Matter of Balance	14	1 virtual leader training planned for February 27 & 28 (must attend all days). Register: https://form.jotform.com/fcnntc/FEB2025MOBTraining
Living Well with Chronic Conditions	9	1 leader training in Minneapolis planned for Jan 27 & 28 and Feb 3 & 4 (must attend all days). Register: https://form.jotform.com/fcnntc/2025LWCCLEADER
Tomando Control de su Salud	0	No action needed.
Living Well with Chronic Pain	4	There is not sufficient demand for us to host a training. Training is available through SMRC and can be found at https://selfmanagementresource.com/events/
Living Well with Diabetes	1	There is not sufficient demand for us to host a training. Training is available through SMRC and can be found at https://selfmanagementresource.com/events/
Powerful Tools for Caregivers	9	2 leader trainings are being planned because we have 2 sets of Master Trainers in the network. Dates TBD.
SAIL	14	1 leader training is being planned. Dates TBD.
Stepping On	6	1 leader training in Minneapolis March 3, 4 and 5 (must attend all days). Register: https://form.jotform.com/fcnntc/2025SteppingOnLeader
Tai Ji Quan: Moving for Better Balance	7	Trainer Dave Fink has a training planned for January 28 th & 29 th , 2025. Find the training and registration information at https://tjqmbb.org/index.php/training/ .

Please do not delay in registering for the upcoming trainings! Please keep an eye on yourjuniper.org throughout 2024 for more training information.

We will not plan leader training for Walk with Ease or Arthritis Foundation Exercise Program as those training courses are available on-demand and online.

- WWE Leader Training: <https://www.aaaa.com/courses/arthritis-foundation-walk-with-ease>
- AFEP Leader Training: <https://aea.thinkific.com/courses/AFEPCourse>

We will soon have a new DPP Master Trainer, Jen Wunderlich from VINE Faith in Action! Jen will be ready to hold DPP leader training in mid-2025. Until then, if you have an immediate need for DPP leader training please reach out so I can assist you with finding one.

Trellis is Moving

With so many Trellis team members working hybrid schedules, Trellis leadership has decided to downsize our square footage to be good stewards of our resources. We are vacating our current space by 12/31/2024. We will have a period of fully remote work while our new location is established. We anticipate that we will move into our new space in February or March of 2025. We will have information soon about a temporary mailing address.

NCOA Promoting and Expanding evidence-based programs in Rural Communities Toolkit

Resource from the National Council on Aging that may be helpful to those organizations serving rural Minnesota.

https://assets-us-01.kc-usercontent.com/ffacfe7d-10b6-0083-2632-604077fd4eca/1ecc4ea2-78a4-4bc3-bfaf-e4b6cda7ef1c/Engaging_Rural_Communities_CDSME_Toolkit.pdf

Thank you!

Thank you for all you do to help people take control of their well-being. As always, please reach out with any questions or concerns you have. I speak for the Juniper team when I say we are grateful for your partnership!

