

The logo for Juniper Network News is set against a light blue background with a pattern of white dots. The word "Juniper" is written in a large, dark blue serif font. The letter "i" is stylized as a blue human figure with arms and legs. Below "Juniper", the words "Network News" are written in a smaller, orange sans-serif font.

Juniper

Network News

In This Issue

- Marking Class Status Complete
- Class Donation/Fee
- Community Engagement Team – new name!
- Title III and Juniper
- DPRP Standards Change Highlights
- Tai Ji Quan-Moving for Better Balance Virtual Information Session

Dear Providers,

The Diabetes Prevention Recognition Program (DPRP) has new standards; we have included highlights in an article below. Many things are happening behind the scenes including a new partnership with TRIA offering the Arthritis Foundation Exercise Program (AFEP). We will be contacting providers to pilot a fall risk screening tool and measuring the impact of this tool on participant retention. Our newly renamed Community Engagement Team is working hard to document the timing and effect of reminder calls on participant retention. Thanks for all you do to make our network strong!

Rachel and Stacy

Marking Class Status Complete

Please remember to mark class status as “completed”, see example below, before submitting a Juniper Payment Request Form.

Status:	✓ Completed
Paid:	
Funding Source:	
Cost:	10
Language:	English
Registered Participants:	13 / 20
Registration Contact:	Velma Dinkley ✉ 3@mysterygang.boo

Class Donation/Fee

We have noticed an uptick in providers requesting a donation or fee for Juniper classes. Providers have used various strategies including basing the fee on the participant's ability to pay and contributions by donation. We wholeheartedly support this practice. Please be sure to add a disclaimer to your materials that classes are free for eligible health plan members. As you know, we cannot charge participants who have Juniper programs as a covered health plan benefit. This is part of our agreement with the health plans, and we must be compliant.

Community Engagement Team

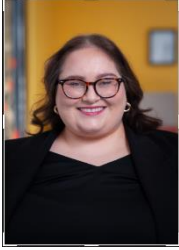
Our Wellness Engagement Team and Community Health Workers have recently merged to become the Community Engagement Team. The members of this fabulous team may cross your path as they warm call MSHO members to enroll them in classes, answer participant questions about the MIS, do social determinants of health screenings and staff our community-based pilots. In the coming months, this crew is rapid testing some marketing strategies and we will update you on their results.



Camile, Community Health Worker



Mackenzie, Wellness Engagement Specialist



Erin, Wellness Engagement Center Supervisor



Xue, Community Health Worker

Title III and Juniper

We have received several questions from community-based organizations about the ability to use Title III and Juniper funding for evidence-based programs. The short answer is yes, you can use both. Below is guidance cited from the Administration for Community Living.

How can Older Americans Act Title III-D grantees afford to implement evidence-based programs given limited funding?

One source of funding may not be sufficient to meet all the disease prevention and health promotion needs of clients. Partnership and collaboration can extend the reach of health promotion programs. Many SUAs, Tribes, AAAs, and PSAs use Title III-D funding to leverage other funds. It is common practice to braid or blend funding streams to fund different components of the same activity in order to make a complete program. Depending on the health promotion program, funding sources may include: public health departments, hospitals, foundation giving, universities, [Cooperative Extension System Offices \(USDA\)](#), professional organizations (such as pharmacy, dental and dietetic associations), voluntary donations, private donors, Medicare, Medicaid, outpatient clinics, nonprofit organizations, [federally-funded health centers](#), city parks and recreation departments, sliding scale co-pay, and others.

In addition to partnerships outside the Aging Services Network, some AAAs have pooled their Title III-D funding and implemented regional and/or statewide evidence-based programs. This can be an effective way to leverage moderate resources to provide training and licensing services to a broader geographic area.

2024 DPRP Standards Change Highlights for Diabetes Prevention Program effective 7/1/2024

Physical Activity Minutes

Participants are required to report the number of minutes of moderate or brisk physical activity completed **since the previous session. This is a change** from the previous question of physical activity completed in the previous week. If you are meeting once a month, this means that participants should be collecting their activity for the month.

Presurvey

New Presurvey questions have been updated in the MIS participant details page and in the forms section of the toolkit. Please ensure that all presurveys for classes that began July 1st and later are on the new form. Changes include:

- Zip code (required, no default value)
- Gender identity-expanded options
- Race-can choose more than one and there is a space for write-ins
- Disability status-DPRP will expect that we make an effort to obtain this information

Begin using the new pre-survey immediately. It can be found on the provider toolkit, [here](#).

Organization Code & Delivery Mode

There are now 5 delivery mode options under DPRP. MDPP can only be delivered using two of them:

1. **In person.** A yearlong National DPP LCP delivered 100% in-person for all participants by trained Lifestyle Coaches. The Lifestyle Coach are physically present in the same classroom or classroom-like setting.
2. **In-person with a Distance Learning Component.** A yearlong National DPP LCP delivered in-person by trained Lifestyle Coaches where participants have the option of attending sessions via remote classroom or telehealth (i.e., the Lifestyle Coach provides live delivery of session content in one location and participants call-in or videoconference from another location).

Next steps: If you want to change your delivery mode you must request a phone call with DPRP to make that change. If you want to add a delivery mode, an application to DPRP is required for each delivery mode used.

Examples of an acceptable delivery model for the new in-person with a distance learning component delivery mode include:

- a. A combination of in-person and distance learning sessions during the Core and Core Maintenance phases.
- b. Mixture of participants within a cohort participating in-person and via distance learning.
- c. Participants choose from session to session whether they participate in-person or via distance learning.

Please note that the in-person with a Distance Learning Component delivery mode allows for an entire cohort to be held in-person and allows flexibility for distance learning, for example, on severe weather days.

Other Changes

If you allow, family members, friends, caregivers and other individuals offering support may join the participant during class sessions and other program activities. Recognized organizations should not submit data on individuals offering support.

Tai Ji Quan-Moving for Better Balance Virtual Information Session

Are you or your community members curious about Tai Ji Quan: Moving for Better Balance (TJQMBB)? There will be an online info session on September 12th. At this info session you will learn more about the TJQMBB program and can try out the movements. See attached.

Thank you!

Thank you for all you do to help people take control of their well-being. As always, please reach out with any questions or concerns you have. I speak for the Juniper team when I say we are grateful for your partnership!



