

April 2024

Dear Providers,

We are so grateful for your participation in our regional meeting conversations. We know you have many demands on your time, so we value the time you shared with us. The feedback you provided has been so valuable. Please see the attached handout for our meeting notes. We are excited to continue conversations about the future of our Community Care Hub model. If you have further thoughts, please feel welcome to share them with us.

In gratitude,

Rachel and Stacy

In This Issue

- Juniper Billing Specialist Changes
- Diabetes Prevention Program Reminders
- 2024 Legal Form Changes April Training
- Blue Cross & Blue Shield Audit
- Interested Host Sites
- White Paper Update
- TJQMBB Leader Training
- MIS Class Roster Organization Change

Juniper Billing Specialist Changes

We have had a change in staffing at Trellis with our billing specialist. We will be pausing health plan claim submissions until we have a new billing specialist in place. We plan to engage a billing vendor to keep the claims interruption minimal. We will need a minimum of 3 weeks to engage and onboard a billing vendor. We will let you know when the vendor is in place.

Grant funding reimbursements will continue to be processed as normal. Once the billing vendor is in place, we will catch up on any claims that need to be submitted. Providers will still receive all appropriate health plan reimbursements, but please anticipate a delay during this time of transition.

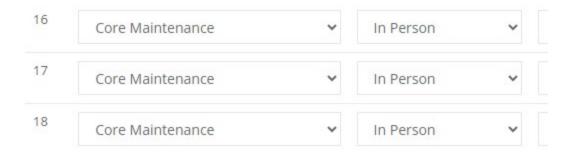
Thank you, and please reach out if you have any questions.

Diabetes Prevention Program Reminders

If you have a new lifestyle coach or one leaves your organization, please let us know right away. We need to inform Medicare within 30 days.

We have noticed a common error as new cohorts are entered into the MIS. The "session type" default is "Core". This should be changed from the default "Core" to "Core Maintenance" for sessions held months 7 through 12. Not doing this may result in an error that may affect payments.

You can edit the session type by choosing edit from the class details page; once on the edit page, choose the most appropriate option from the dropdown menu for session type (see below).



Sessions held first 6 months: Core

Sessions held 7-12 months: Core Maintenance

If you add make-up sessions, choose the appropriate designation from the drop-down menu. Please find required class cadence and topics here CDC diabetes curriculum. Note that the reference to Core and Core Maintenance on the tables found in the link refers to the phase where the class topics are most frequently (but not always) offered. The MIS "session type" strictly refers to the timing of the session, regardless of session topic.

2024 Legal Form Changes April Training

We have received many questions about the legal form changes implemented in 2024. On April 15th we held a meeting to walk through once more the legal form changes for 2024 and answer questions. If you were unable to attend the meeting, a recording is available <u>here</u>.

A reminder that complete and accurate legal forms are required for participant reimbursement in 2024.

Blue Cross & Blue Shield Audit

Blue Cross and Blue Shield (BCBS) has requested to audit our compliance policies. This is within their rights per our contract. BCBS last audited us in 2021. Our last audit went well, and we have every confidence that this one will too. No action is needed on the part of providers, this is informational only.

Interested Host Sites

Amanda is looking for a provider who might be interested in a hybrid class (a group joins virtually through one computer) for the Arthritis Foundation Exercise Program at an assisted living facility. The Arthritis Foundation Exercise Program is one of the few programs that allows a hybrid option. If interested, please contact:

Amanda.Zenk@anokacountymn.gov

Amanda Zenk, MPH

SHIP Health and Wellness Coordinator Healthcare and Well-being 2100 3rd Avenue | Suite 600 | Anoka, MN 55303

Sabathani is looking for a provider who would lead a Tai Ji Quan: Moving for Better Balance class at their location (310 E 38th St Suite 120, Minneapolis, MN 55409). If interested, please reach out to Joyce at Jmayes@sabathani.org.

White Paper Updated

Earlier this year we shared with you findings from our <u>white paper on the cost savings of Juniper fall prevention classes</u>. Third-party analysis of participant data indicates our fall prevention programs result in cost savings between \$2,425-\$7,359 per participant. This data is significant for healthcare organizations and risk-bearing entities looking to manage the costs of care and improve member satisfaction.

We recently conducted a follow-up survey in which we asked fall prevention participants about the lasting effects of their Juniper experience. We are proud to share the results of that follow-up survey in our updated white paper, "Cost Savings Associated with Preventing Falls in Older Minnesotans." Thank you to all Juniper providers for your high-quality training that led to these results and to the high participation rate for the survey follow-up.

Survey responses indicate that fall prevention participants maintained their strength and balance well after their Juniper experience, reporting fewer falls and less fear of falling months after completing a class.

We have long known that Juniper fall prevention classes help people feel stronger, improve their balance and reduce their fear of falling. Thanks to a review of participant data, we can now show that these programs represent significant healthcare cost savings well after the class ends.

We encourage you to review the <u>white paper on our website</u>, which includes results from the follow-up survey as well as the original data set. Please share the white paper with anyone in your network who may be interested in Juniper's fall prevention outcomes for participants and healthcare systems.

Please contact us directly with any questions about the follow-up survey, the white paper or anything related to the difference Juniper makes for thousands of Minnesotans each year.

Thank you for your ongoing partnership with Juniper, Minnesota's community care hub.

TJQMBB Leader Training

- Two-day TJQMBB New Instructor class
- April 30 & May1
- 8:00AM 5:00PM (Central time)
- Via Zoom

The cost is \$375 which includes the two days of training, the TJQMBB Teaching Plan, all training materials and follow-up 1/1 support as requested.

Please contact Dave for more information.
Dave Fink
Authorized TJQMBB Trainer
Fifth Iteration, LLC
davefi@earthlink.net
612-816-8642

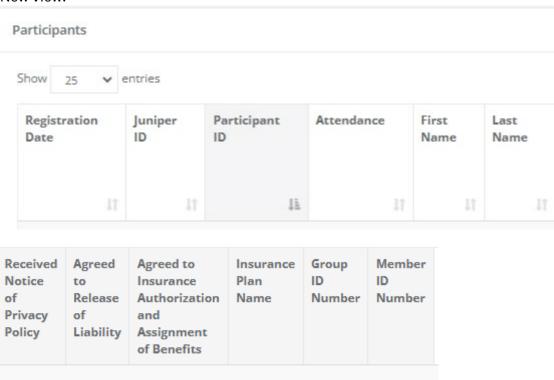
MIS Class Roster Organization Change

Upon request we are re-organizing the columns for the class roster in yourjuniper.org to make it easier for class leaders and providers to manage participant legal forms and insurance information. All existing information will still be available in the class roster, just further to the right. You will still have the option to "export to excel" to export a spreadsheet of participant contact information to make phone calls or emails easier.

Current view:



New View:



Thank you!

Thank you for all you do to help people take control of their well-being. As always, please reach out with any questions or concerns you have. I speak for the Juniper team when I say we are grateful for your partnership!

